

COA SPECIAL MEETING
Zoom Meeting
Minutes **Thursday, January 27, 2022, 3:00 p.m.**

3:10 Call Meeting to Order.

Review and approve letter to Select Board re Room 135:

M/S/P Sue, Donna, unanimous: to approve the letter as corrected.

Margaret will send to the town coordinator with attachments.

Planning COA events and activities during COVID and beyond:

With exercise the top priority for seniors, the Council first discussed the Walk Safe program underway at the gym. People are signing in and the dates were extended through March on the town website calendar. Future programs during COVID will have to be checked with the Board of Health and the Select Board. Meanwhile, Victoria is waiting to hear from Kate Peppard re a possible yoga program, Pam Porter is checking re gigong, and Donna will contact the senior who may be interested in running a tai chi program. For planning exercise in the future, Margaret will check with Barbara Gordon re information on pickleball. Outdoor walking can start once weather permits. The possibility of mowing a path suitable for senior walking was suggested.

The second priorities were social activities and volunteering. Sue agreed to collate list of volunteers in order to find out their specific interests and ideas. One need would be for volunteers to take a class to become certified for the meal program. Margaret will look into creating an online newsletter to inform seniors of plans and possibly hard copies that could be placed at Sawyer Hall and 18 Jacobs Road. A phone-chain system will need to be created for those without access to the internet.

The Council will also start planning usage for Room 135 depending on approval by the Select Board. Fred Burrington has already created a map of the room with size dimensions, etc.

With the 40-minute free zoom meeting ending:

M/S/P Sue, Cathy, unanimous to adjourn at 3:47 p.m.