

**Council on Aging**  
**Cafeteria Meeting, 18 Jacobs Road**  
**Minutes Thursday, August 25, 2022**

**Present:** Victoria Burrington, Margaret Freeman, Donna Hyytinen, Cathy Tallen.

**Absent:** Sue Lively. **Guest:** Robin Jenkins.

Meeting called to order at 4.00 p.m.

Review Agenda: M/S/P Cathy, Donna, unanimous: to schedule Robyn Jenkins first.

M/S/P Cathy, Donna, unanimous: to approve the 08-11-2022 minutes as written.

**Activity ideas/planning:** Robin Jenkins noted her past experience as Recreation Director for Sandwich, MA. She shared with the Council senior activities, including a Halloween party, St. Patrick's Day dinner, walking group three mornings a week, exercise classes, intergenerational events (story-time plus cooking recipe or knitting). She noted the importance of holding Open Hours for socialization. The Council is starting brownbag lunches September 8 at 11:30 a.m., Victoria and Donna presiding. Victoria has the list of prior attendees to call. It was decided to reserve Tuesdays from 1-3 p.m. as senior open hours in Room 135. Donna noted she will not be able to attend the Sept. 24 café but will still take care of organizing baked goods. Margaret noted that Alli Thane has asked if we knew someone who would do grocery shopping and drive her to appointments; she is willing to pay. A list of people to pay visits to seniors wanting them will be created. Robin agreed to act as consultant to the Council.

**Cori:** The Council can register with the State Department of Criminal Justice Information Management; online training available; all who work for COA need CORI checks on a regular schedule to be determined. Victoria will check with Select Board to find out how we should proceed as registration is a question of town policy.

**Room 135:** Council members will meet at the Community Hall on Monday, Aug. 29 at 11:00 a.m. to check on COA supplies needing to be moved to Room 135.

**Community Café:** Cathy will take a photo at the Café on Saturday to include in the next issue of the Heath Herald (deadline Sept. 5). Items will include blurbs about the foot clinic, café, tai chi, and brown bag lunches. Margaret will put draft in Slack for everyone to OK. She distributed the following flyers for posting: Community Café, Consumer Protection program, and Tai Chi classes.

**Consumer Protection Program:** Scheduled for 9/27 in the cafeteria, with the moderator's podium and tv screen made available. Cathy has an email list of 77 seniors to contact.

**Senior Program Coordinator:** Margaret will check with Hilma on the Select Board decision re hourly rate so that the Council can determine hours per week.

**Next meeting:** Thursday, Sept. 8 at 1:30 p.m.

M/S/P Margaret, Cathy, unanimous: to adjourn at 5:22 p.m.