

**Council on Aging
Room 135, 18 Jacobs Road
Minutes Thursday, December 1, 2022**

Present: Victoria Burrington, Margaret Freeman, Donna Hyytinen, Cathy Tallen.

Absent: Sue Lively. **Guests:** Kate Barrows, Jack Tierney.

Meeting called to order at 1:39 p.m.

Review Agenda: Library solstice celebration.

M/S/P Cathy, Donna, unanimous: to approve the 11-17-2022 minutes as written.

Solstice: Scheduled for December 17, from 3-5 p.m. for all ages. Activities include a Sampson spiral (outdoors) with stories, singalong etc. in space between library (open) and the Senior Room open for refreshments. Kate will send flyer, and Margaret will email seniors.

M/S/P Cathy, Donna, unanimous: to host the refreshments in the Senior Room for the Solstice party.

Cori check: Victoria will prepare materials for presentation to the Select Board to establish policy and ask for use of a town computer until the Senior Center can set one up. In Victoria's absence, Margaret will present the request to the Select Board at their meeting on December 13.

Brown Bag Lunch: Scheduled for December 14 at 11:30 a.m. in the cafeteria. Donna to provide dessert.

Foot Clinic: Starting December 20, appointments will be scheduled from 9:00 a.m. on. Tim will be asked to open the library for people waiting.

Room 135: The Senior Center is now open Saturdays from 9:30-1:30 p.m. A note to that effect will be added to the Solstice email to seniors.

Senior Program Coordinator: Still no applications so far. Kathy Stosz still considering. The ad will be appearing in the *Heath Herald*.

Nurse's Office: Hilma is in communication with Claire about when the move will occur. Because of having to meet other deadlines, Margaret apologized for not preparing the promised draft to offer space in the Senior Room for Bones&Balance with storage for equipment once the move is complete, and will do so.

Walk Safe: Margaret will check with Pam Porter re gym availability. Suggested dates and times: MWF from 9-12; TTH from 1-4 p.m.

M/S/P Cathy, Donna, unanimous: to sponsor the Walk Safe program during this winter season.

Thankyou Notes: The Council thanked Donna for preparing the notes for the Community Café bakers this fall. She is getting postage stamps to send them out.

Jack Tierney. Jack described his activities as a playwright, including the online Pipeline Collective. He offered to be the coordinator for play-reading activity for seniors. We will revisit the idea at the next meeting and send out an email in the New Year to determine if there is interest in forming a drama/theater group and to schedule a meeting to discuss ideas for what we could do in Heath.

Next meeting Thursday January 5 at 1:30 p.m.

M/S/P Cathy, Donna, unanimous: to adjourn the meeting at 2:58 p.m.