

Council on Aging
Room 135, 18 Jacobs Road
Minutes Thursday, February 2, 2023

Present: Victoria Burrington, Margaret Freeman, Donna Hyytinen, Sue Lively, Cathy Tallen. Lyra Fuller-Johnson joined the committee as an ex officio member.

Meeting called to order at 1:35 p.m.

Review Agenda: DLTA (District Local Technical Assistance) coordination with Board of Health.
FRCOG invite.

M/S/P Sue, Cathy, unanimous: to approve the 1-19-2023 minutes as written.

Cori check: The online policy is under review and needs completion of details.

Senior Program Coordinator: The Council congratulated Lyra on accepting the position and welcomed her to the committee. She will need a couple of weeks to transition to her position. It was agreed that she would start at 4 hours per week in a couple of weeks. Victoria and Lyra will meet at 10:30 a.m. before the brownbag lunch on February 8 to establish priorities. Cathy and Margaret will work on providing a document including the senior list with email addresses and phones and survey results and interests.

Senior Activities: It was decided that times for the community café be changed to 10-1 p.m. starting in March. Victoria commented on the number of COA activities created that are being recognized. Concern was expressed over the limited numbers of seniors taking advantage of the activities.

Kitchen manager Alice Lee has indicated that she might like to cook the hot lunches starting in March. With \$2,600 currently in the meal account, it was agreed that the March meal should be offered free to Heath seniors. The minirefrigerator was bought and installed at cost of \$89.99. Victoria will check into following the procedures for reimbursement of items bought by Council members. It was suggested that the \$500 in the town budget for the Senior Center could be used for such purchases.

Other Needs: With the Select Board now engaged in preparing for the Annual Town Meeting in May, there will be a delay in pursuing the costs of purchasing and wiring for a computer. Crocker will need to be contacted to get a phone extension. The COA budget has been submitted for FY 2024 with request for rollover of two fund items that might help pay for the computer.

Square Dance schedule: Two dances have been scheduled for February 18 and April 15 at the Community Hall. Doug Wilkins has indicated that they will take care of setting and cleaning up. COA will need an invoice from the band to arrange for the \$100 to be requested from the Cultural Council. Victoria agreed to provide the water and pick up the donation box at the end. Donna will ask volunteers to contribute cookies with two each in zip-lock bags.

DLTA and FrCog: Margaret will draft a summary of COA's discussion from previous minutes to be discussed at the next meeting. FrCog has asked to be invited to a Select Board meeting to discuss how the Age-Friendly Community initiative could help seniors in Heath. Both COA and the Board of Health will be invited to the meeting.

Next meeting Thursday February 16 at 1:30 p.m.

M/S/P Cathy, Donna, unanimous: to adjourn the meeting at 1:30 p.m.