

Council on Aging
Room 135, 18 Jacobs Road
Minutes Thursday, March 2, 2023

Present: Victoria Burrington, Margaret Freeman, Lyra Johnson-Fuller, Donna Hyytinen, Sue Lively, Cathy Tallen.

Meeting called to order at 1:31 p.m.

Review Agenda: Senior Lunch; library survey.

M/S/P Cathy, Donna, unanimous: to approve the 2-16-2023 minutes as written.

Senior Program Coordinator Report: The foot clinic was moved to Room 135 and went well. Lyra is now the contact person. We will start to keep track of home-bound seniors. Lyra asked for comments on the March flyer draft. She will meet with Victoria next week to go over details of arranging coordinator location. It was suggested that use of the electrical outlet be made from the one nearest the coordinator location. Library surveys will be made available in the Senior Room.

March Flyer: It was decided to send the March flyer by mail to those who need it. Volunteers will be used to call seniors to ask if they need to receive information by mail. The following changes were made to the flyer: Mystery Hour scheduled each Saturday from 11-12 p.m.; Art Program Mondays 11-1 p.m.; Square Dance location – Victoria will check with Doug Wilkins about location and possible further delay, and Donna will need to know to contact cookie providers. A general statement to be made for most activities open to all ages. A flyer giving information on transportation through the Shelburne Falls Center will be created. Margaret will run off copies of the March flyer on her color computer.

Computer and CORI check: The Council is now hooked up with the network and administration printer, with official email access. Hilma has found a town waiver for CORI fees. Lyra and Victoria will meet with Hilma next Thursday at 10 a.m. concerning CORI need for protected information.

Senior Lunch: Now scheduled for the third Wednesday in April on the 19th at 11:30 a.m. The first will be for Heath residents only and be free, with 40 as an estimated number. Reservations to be made by calling Lyra or Victoria. Lyra will include the information for the next Heath Herald report. A question was raised about possible pick-ups and home-bound deliveries.

Senior Activities and Needs: Supplies already available for lunch and refreshments need to be checked. Masons in Greenfield was suggested as a possible source. The question was raised about possibly needed a license to run shows on the smart tv. Victoria will check with Eileen Lively regarding past practice. Donna raised the question regarding nurse hours for seniors. It was noted that FRCOG has an “Ask the Nurse” program to answer questions and take blood pressure, blood glucose levels, collect used needles, and provide a safe box for needle disposal. The Board of Health and the Select Board is looking into the town nurse contract which has not been updated for 15 years. It needs to decide what the town needs beyond what FRCOG can offer.

Next meeting Thursday March 16 at 1:30 p.m.

M/S/P Margaret, Donna, unanimous: to adjourn the meeting at 3:00 p.m.