

**Council on Aging**  
**Room 135, 18 Jacobs Road**  
**Minutes Thursday, June 15, 2023**

**Present:** Victoria Burrington, Margaret Freeman, Lyra Johnson-Fuller, Donna Hyytinen, Sue Lively.

**Absent:** Cathy Tallen.

Meeting called to order at 1:30 p.m.

Review Agenda: Senior Program Coordinator report moved to beginning.

M/S/P Sue, Donna, unanimous: to approve the 5-18-2023 minutes as written.

**Senior Program Coordinator Report:**

- Senior meals: Approx. \$290 donations from the May meal. Hilma will be asked about possibly giving donations directly to Alice to cover her costs for food. 33 signed up so far for June 28. Lyra will be away from June 27-July 3. Volunteers have been found. Needed: nametags for volunteers (Margaret will provide lanyards); compost bucket; Margaret agreed to do the homebound deliveries. It was suggested that we ask the Police Chief, Fire Chief, and Librarian to take turns serving so that people can get to know them.
- Art program: Sandy Denis ran a successful acrylics class on June 5. She cannot guarantee a regular schedule but will let us know when she can come. Meanwhile, Victoria is looking into possible u-tube videos on acrylics that could be seen. Lyra also suggested the library could look into DVDs.
- Blood pressure and diabetes presentation request: Victoria will contact Meg Ryan at Life Path to see about setting up a meeting.
- Suggestion to hold a flower arrangement class shortly before the Heath Fair in August so that people can submit their arrangements. Eileen will be contacted about the possibility of having someone give a basket-weaving class.
- It was agreed that an announcement be included in the next issue of the Heath Herald encouraging donations for the Foot Clinic and Senior Meals.

**COVID protocol:** Victoria outlined the need for continued vigilance over recent outbreaks. She will provide a list of screening questions for use at senior meals, and volunteers will be asked to wear masks.

**Helping seniors in need:** A joint meeting is being planned to include Victoria, Gene Garland (BoFH), and Elissa (SB liaison to BofH), and the Fire Dept to identify seniors in need who are being overlooked. There will be a need for an ongoing plan to keep informed of new cases. It was suggested that there be a training session for volunteers.

**CORI check:** The Select Board had accepted our report but was not able to move on the question until after the annual town meeting. Sue will arrange to have the item added to a Select Board meeting agenda.

**Movie license:** Victoria had emailed the list of movies covered by the annual fee to Margaret to print out, but not in time for the meeting. It will be attached to these minutes in Slack. It was agreed that we need to first survey the seniors to ascertain their interest in a movie-a-month program and preferred date and time. We could also coordinate with the library for the license to show DVD's for different age groups.

**Heath Herald topic ideas:** Lyra will add the survey announcement in the August calendar. A suggestion was made that we get someone from the broader community to write an article on their experience of our offerings and activities. It was decided to put it on the agenda for our next meeting.

**Plans for August:** Flower arranging. Astronomy night July 21 will feature the solarcan project. The Patio committee will submit their plan and schedule of tasks to COA by the end of July for the Council to review and submit to the Select Board in August.

The next meeting was scheduled for Thursday July 6 at 1:30 p.m.

M/S/P Margaret, Donna, unanimous: to adjourn the meeting at 2:53 p.m.