

Council on Aging
Room 135, 18 Jacobs Road
Minutes Thursday, July 6, 2023

Present: Victoria Burrington, Margaret Freeman, Lyra Johnson-Fuller, Donna Hyytinen, Sue Lively, Cathy Tallen.
Guest: Hilma Sumner.

Meeting called to order at 1:30 p.m.

Review Agenda: Procedure for counting donations.

M/S/P Cathy, Donna, unanimous: to approve the 6-15-2023 minutes as written.

CORI check: Hilma was invited into the meeting to discuss arrangements needed to initiate CORI checks. The town coordinator is the only one who can do them. She noted that as a government entity, there is no fee. The only question that needs addressing is the time frame for each CORI check. That still needs clarifying.

M/S/P Margaret, Donna, unanimous: to do CORI checks for the Council on Aging, Senior Program Coordinator, and Foot Clinic nurse as soon as the town coordinator is set up to do it.

Movie license: Lyra will first survey the seniors to ascertain their interest in a movie-a-month program and preferred date and time. She will invite responses by email, phone, and a short paper survey in the Senior Room. She will check with the Heath librarian to look into the costs of a library license to show DVD's that may be cheaper and less limiting. It was suggested that having matinee showings after the monthly brownbag lunch might be good.

Senior Meal review: There were fewer attendees at the June meal, with some reservations not filled. Victoria announced that she will not be on the list of volunteers on senior meal days when she is on duty the night before. There was a problem with having to rewash cutlery and dishes before setting them out. Cathy agreed to get three compost buckets with lids from Sam Lane for future meals. It was noted that the children servers were especially proud in their work and having name tags. We decided to be more conservative about number of tables set up, since chairs can be added to existing tables if needed. Victoria will talk with Alice about cutting back on amount of food prepared. Concern was raised about funding. It was recommended that our suggested donation of \$5 be changed to "suggested minimum donation of \$5" or "minimum suggested \$5 donation." Lyra will include a note encouraging people to donate generously toward funding.

Procedure for counting donations:

M/S/P Sue, Cathy, unanimous: that all donations to COA in general will be counted by two people before deposit.

Needle & Crafts: Donna reported that as August is such a busy summer month and people are busy with gardens and canning, the group is taking August off and will restart in September.

Senior Program Coordinator Report:

- Senior contact information: News on activities will continue via email, monthly flyer, and entries in the *Heath Herald*. COA members should give Lyra any information for the flyer in the next two weeks.
- Art program: Victoria has arranged for more white acrylic paint as needed. Bob Viarengo has offered supplies from Del's studio. Nancy Thane will check up on that. Margaret is in contact with Sandy Denis and has offered to sit with Daniel so she can continue classes.
- Blood pressure and diabetes presentation request: Victoria has not yet heard from Meg Ryan at Life Path about setting up a talk.
- Workshops: The aim is to introduce a new workshop each month. Eileen is looking for someone to give a basket-weaving class. A flower-arranging class could be sponsored by COA and open to all ages in coordination with the library. August 12 during Senior Open Hours was suggested.
- Grants: Lyra has not heard about our submission for the next Wells grant. It was suggested she contact them to find out when we are likely to hear.

Helping seniors in need: The planned joint meeting to include Victoria, Gene Garland (BoFH), and Elissa (SB liaison to BoFH), and the Fire Dept has still not been set up, and is noted for next meeting's agenda.

Margaret will contact Will Emmet to remind him of the end-of-July deadline for patio plan. On August agenda.

Next meeting: Thursday August 3 at 1:30 p.m. M/S/P Sue, Cathy, unanimous: to adjourn the meeting at 2:48 p.m.