

Council on Aging
Room 135, 18 Jacobs Road
Minutes Thursday, August 31, 2023

Present: Victoria Burrington, Margaret Freeman, Donna Hyytinen, Sue Lively, Cathy Tallen.

Absent: Lyra Johnson-Fuller.

Meeting called to order at 1:30 p.m.

Review Agenda: Senior Program Coordinator Review after SPC report.

M/S/P Cathy, Donna, unanimous: to approve the 8-3-2023 minutes as written. Sue confirmed that she can vote but not counted as part of a quorum.

Senior Program Coordinator Report (attached to Minutes):

- Mouse problem: Victoria will speak to the building manager.
- Senior meal: Victoria will speak to Alice and Lyra about simplifying meal and paring down portions. Possibility for servers to ask if anyone wants a smaller serving. Lyra should ask why people did not show for August meal. The Council agreed it was OK to invite librarian and fire chief for September.
- Mobile Farmers Market: Lyra to clarify what it is and follow up. Suggestion that she talk with Maria Topitzer.
- Heath Cultural Council: Lyra to check parameters for grant due in October. Activity ideas on agenda for next meeting. Digital literacy grant: on agenda for next meeting.
- Washing windows request: The Council agreed that they would maintain confidentiality for names of all those who need help. On agenda for next meeting.
- Volunteer list: Susan White to contact re referrals to Life Path. On agenda for next meeting.

SPC Performance Report: Includes self and supervisor's assessment. Victoria to meet with SPC September 6. Suggestion: that SPC identifies how time is budgeted and that group of volunteers be cultivated to help. Margaret agreed to send Victoria details from past minutes and decisions on time and monetary assignment for position.

Movie Survey: Two possibilities from SPC report: 1) purchase license for 1 year and advertise; 2) just say no.

M/S/P Margaret, Donna, unanimous: not to purchase license. Suggestion: to offer informal movie meeting to those who have indicated interest.

Patio Report: Patio committee members recommended excavating the garden area now since groundnut invasion needs to be dealt with anyway. After Margaret spoke informally with the town coordinator and a Select Board member, it was decided that it could not be done until formal plan is approved.

M/S/P Sue, Donna, unanimous: to set October 31 as deadline for complete patio plan to be submitted to COA.

Senior Participation: The problem with encouraging socialization among seniors was raised. Joan Horr has noted her interest in playing bridge. Margaret will see if she would be willing to spearhead a move to form a bridge group.

Next meeting: Thursday September 14 at 1:30 p.m.

M/S/P Cathy, Donna unanimous: to adjourn the meeting at 2:52 p.m.