

Council on Aging
Room 135, 18 Jacobs Road
Minutes Thursday, November 9, 2023

Present: Victoria Burrington, Margaret Freeman, Lyra Johnson-Fuller, Sue Lively, Cathy Tallen.

Absent: Donna Hyytinen.

Meeting called to order at 1:31 p.m.

Review Agenda: none.

M/S/P Cathy, Sue, unanimous: to approve the 10-05-2023 minutes as amended.

Finance Recap: The foot clinic account was moved from negative to zero amount after Victoria's meeting with the accountant. One question concerning a Church Street Senior Repairs account is still open for resolution. The COA chair and SPC will keep a day-to-day record of all accounts. The accountant's quarterly report will provide a double check. COA has ten separate accounts, with current amounts as follows:

MA COA annual	\$11,194.47
SPC stipend	\$986
Senior Center operation	\$500
Senior Center Donations	\$401
Senior Meals revolving	\$1,791.15 [two months' payment still outstanding]
Revolving	\$272.69
Foot clinic	
Fred Wells Trust	\$1,100.50
Expense	\$0 [with \$250 moved to foot clinic]
Town appropriation	\$200
Donations	\$787.19

A Heath Cultural Council grant has been awarded for workshops in 2024.

Senior Program Coordinator Report:

- *November/December Activities:* Tech Time with Pat McGahan, Nov. 16 11:00 a.m. [Digital Literacy Grant still has 5 tablets available]; Artisans Fair, with raffle and bake sale, Dec. 2 10-3:00 p.m. Sue will cover from 9:30 a.m. and will donate hotplate; Tech Time, Dec. 7 11:00 a.m.; Solstice gathering, with refreshments, Dec. 17 3:00 p.m. Needle Crafts&Arts still to be scheduled.
- *LifePath:* Volunteers will be directed to sign up with LifePath. Still to be scheduled: dementia/blood pressure/diabetes meeting with Meg Ryan.
- Yoga to be added to website and tai chi announcement revised.

Council Responsibilities: A draft was circulated, discussed, and amended. Margaret agreed to forward the proposed mission statement and charge to the Select Board.

M/S/P Cathy, Sue, unanimous: to approve the Heath mission statement and charge as amended.

Call for Major Donations: Cathy will arrange for a separate item in the Heath Herald noting that COA relies on donations and grants for its operations and for Heathans to consider helping over the holidays.

Holiday Meals: COA members will 1) check on who needs meals for Thanksgiving and Christmas and 2) determine deliveries. Meals will be prepared by volunteers.

Memory book: moved to next meeting.

Senior Room: It was decided to start Game Time on 2nd and 4th Wednesdays of the month.

M/S/P Margaret, Cathy, unanimous: to cancel Community Cafés on the last Saturday of each month.

Margaret will continue to operate Open Hours Saturday mornings.

Next meeting: Thursday December 7 at 1:30 p.m.

M/S/P Cathy, Sue, unanimous: to adjourn the meeting at 2:56 p.m.