

Council on Aging
Room 135, 18 Jacobs Road Municipal Building
Minutes Thursday, June 20, 2024

Present: Margaret Freeman, Donna Hyytinen, Lyra Johnson-Fuller, Sue Lively, Cathy Tallen.

M/S/P Cathy, Donna, unanimous: to appoint Sue Lively as interim COA chair.

Meeting called to order at 1:30 p.m.

Review Agenda: Budget considerations; Needle&Crafts

M/S/P Cathy, Donna, unanimous: to approve the 05-16-2024 minutes as written.

Follow-up Notes: Life Path Legal and Health programs. Cathy will look into it and report next time. On our next agenda: Sue will follow up to review Lyra's salary and hours.

Victoria Burrington memorial: The COA expressed their deepest regrets at the loss of Victoria to the town and our Council. Donna has list for refreshments at the Union church celebration of life June 30 at 3:00 p.m. The Council will follow up with ideas of doing something as remembrance.

COA Appointments for 2025: Anne Emmet has sent in a letter of interest for the open position.

Action Plan Team Report and Requests: The Action Plan Team met last week. Hilma is drafting the Age and Dementia Friendly Community application with their help. They reviewed the 2019 survey with the following questions: Did survey give what is needed for the Action Plan? Would the questions be different if asked today? Needed: a five-year action plan and measurability. Cynthia distributed her draft of a possible follow-up survey from the AARP template. COA is asked to provide them with a list of what we are doing as a baseline, together with start date for activities, dates and times, and attendance data. They suggested a new mail be sent out indicating what COA is doing and how to improve communication and awareness. Next meeting: Wednesday, July 3 at noon. Lyra will follow up on the requests and contact the team to change the date from a Wednesday so she can attend.

Survey Additions: Fundraising-Friends of the COA. Sue will check into legality of soliciting donations to municipal programs; Advertising Dementia Workshop July 26. Margaret will draft a letter to officials for Council consideration.

Summer proposals: A Sunday afternoon picnic in the Park – keep on back burner with early fall possibility; Daffodil Dig work schedule – Margaret will check with Sue Draxler re times and dates.

Senior Program Coordinator Report: Lyra will be away from June 27 to July 2.

- **July Programs:** Eileen Lively's Creative Play was well attended. She offered to run the beeswax workshop July 10 and is donating all Victoria's various workshop materials to the library. It was decided to cancel Needle&Crafts for the rest of the summer and reschedule in September. Dementia workshop July 26: Lyra will ask Meg Ryan re a possible women's support group. A Young at Heart concert: July 28 at 3:00 p.m.
- **Home repairs for seniors:** Dana Blackburn at the Heath Union Church is making a flyer.
- **Senior Meal:** June 26. Low on a few supplies: take-out containers and creamers. Margaret will get ground coffee for Wednesday from Ocean State.
- **Grants:** Life Path possibility for cook salary and foot clinic.
- **Foot Clinic:** Lyra will send note indicating the importance of keeping to scheduled time.
- **Senior Room:** Sue will talk to Tim re cleaning floor on a regular schedule.

Next meeting: Monday July 22 at 1:30 p.m.

M/S/P Cathy, Donna, unanimous: to adjourn the meeting at 3:03 p.m.