

Council on Aging
Room 135, 18 Jacobs Road Municipal Building
Minutes Monday, July 22, 2024

Present: Margaret Freeman, Donna Hyytinen, Lyra Johnson-Fuller, Sue Lively.

Absent: Cathy Tallen.

Guests: Anne Emmet, Hilma Sumner.

Meeting called to order at 1:31 p.m.

Sue welcomed as a guest Anne Emmet who had expressed interest in joining COA.

Review Agenda: Move budget considerations up as Hilma agreed to join us for the discussion.

M/S/P Donna, Margaret, unanimous: to approve the 06-20-2024 minutes as written.

Follow-up Notes: Sue talked to Tim about cleaning Senior Room floors. Cathy's follow-up moved to agenda next time. Discussion over COA accounts followed, including questions regarding SPC salary and hours, possible merging of accounts, foot clinic and senior meal costs, Helping Hands and Church Fund. The following items were agreed: 1) official decision on timing foot clinic appointments on next meeting's agenda; 2) Sue will ask the accountant if general Senior Center donations can be moved into the revolving fund without a town meeting vote; 3) Sue will write a letter to the Select Board concerning the timesheet deadline problem. Lyra has submitted a remembrance for Victoria Burrington to the *Heath Herald*. Sue noted that it is OK for COA to accept donations for its various activities. Margaret noted that 1) the SPC sent a special email invitation to the town's relevant institutions for representation at the dementia workshop, and 2) not all daffodils have been dug up, but those that have are now ready for fall replanting.

Senior Program Coordinator Report:

- A leaf-printing workshop with Sue Draxler and Eileen Lively scheduled for August 14.
- Interest expressed for a farmers market in Heath. It was agreed that Carin Freeman will set up a produce table this month at the Senior Meal (with SNAP available) as a test. It was suggested that the few people who indicate interest in activities (like a bridge group and bingo) be asked to help with determining feasibility and parameters.
- Meg Ryan will be asked at the Dementia workshop re establishing a Grief Support Group.
- Sue and Lyra will prepare a proposed senior meal survey for the next COA meeting.
- Lyra signed up for AARP so that as SPC she will have access to all aging information they provide.
- Additional supplies for the Senior Room are on their way.
- For the Senior Meal this Wednesday, Margaret will email the formatted list of participants for Lyra to print, and Donna will take over the check-in desk in Margaret's absence.

COA Appointments for 2025:

M/S/P Margaret, Donna, unanimous: to recommend to the Select Board the appointment of Anne Emmet to the open position on the Council.

Action Plan Team Report: The Action Plan Team met on Friday, July 19 (one member absent with COVID). They are working on drafting recommendations for each of the eight identified domains for Age-and-Dementia Friendly Community work.

Next meeting: Thursday August 22 at 1:30 p.m.

M/S/P Donna, Margaret, unanimous: to adjourn the meeting at 2:58 p.m.