**Council on Aging**

**Room 135, 18 Jacobs Road Municipal Building**

**Minutes Monday, April 14, 2025**

**Present**: Anne Emmet, Margaret Freeman, Donna Hyytinen Lyra Johnson-Fuller, Sue Lively, Cathy Tallen.

Meeting called to order at 1:30 p.m.

Review Agenda: none.

M/S/P Anne, Cathy, unanimous: to approve the 3-20-2025 minutes as written.

**Follow-up Notes**: For the Social Security Administration (SSA) changes, Cathy has contacted Sabrina Feliciano who is willing to come to Heath to discuss senior access to SSA (apparently seniors can use the phone for SSDI, Medicare, and SSI). Cathy will continue to contact Sabrina to plan a meeting open to other towns, possibly within a couple of months. Lyra’s SPC report (attached) provides details of her organizing the Emergency Planning Team. Lyra and Sue will represent COA on the team. For Green Burial information, Sue passed out necessary information. Discussion ensued over creating a cheat sheet for residents’ information. Sue will talk to the town nurse and Lyra to the Cemetery Commission to prepare one.

**SPC Report**: Attached. AARP requires six hourly online classes for two representatives to aid in preparing the Action Plan for Heath’s Age and Dementia Friendly Community. Lyra and Anne will complete the classes. Update information on SNAP benefits not yet available. The Board of Health asked Lyra to share information on health concerns (COVID, ticks, etc.) to residents. The question was raised as to whether this is the Board of Health’s responsibility to do so. Lyra passed out a thankyou card to the foot clinic nurse for all to sign.

**Senior Meal Survey**: It was recommended that Questions 2-3 have a rating scale, and that the favorite meals question be reworded or simply removed.

M/S/P Margaret, Cathy, unanimous: to accept the survey as amended.

**People-in-Need Listing**: Given insurance and liability issues, it was recommended that volunteers go through the LifePath application.

**Name for Room 135**: It was agreed that its name should be the “Senior Center” in all future references.

**ATM Bake Sale**: It was agreed that COA would run it, with donations only.

**Display at Heath Fair**: It was agreed that it should be an exhibit, and placed on next meeting’s agenda.\*

**Town Survey Responses**: Cathy passed out details from 6 questions applicable to seniors, and will send the electronic version as needed for creating the required Action Plan.

Next meeting: Monday May15 at 1:30 p.m.

M/S/P Cathy, Anne, unanimous: to adjourn the meeting at 3:08 p.m.

*\*Note: Asterisks identify items for future agenda.*

