

Council on Aging
Room 135, 18 Jacobs Road Municipal Building
Minutes Thursday, November 20, 2025

Present: Anne Emmet, Margaret Freeman, Lyra Johnson-Fuller, Donna Hytinen, Sue Lively, Cathy Tallen. **Guests:** Pat McGahan, Kathy Stosz.

Meeting called to order at 1:35 p.m.

Review Agenda: none.

M/S/P Anne, Cathy, unanimous: to approve the 10-16-2025 minutes as amended.

Follow-up Notes: No response so far on the Fire Department grant.

Patio: Discussion of draft recommended making it a formal proposal under the Age and Friendly Community rubric, mentioning possible best places for siting, funding, through grants. Margaret will check with Pat on her new draft that includes Parks & Rec.

SPC Report: The Mens Group (8 members so far) now meeting regularly on Fridays. The Veterans celebration went well with 20+ members plus families.

Rowe Report: Margaret will contact Gene Garland about including Rowe in future veteran activities, contact Rowe for details on individuals registering for Rowe activities, and invite Rowe COA to the January meeting. Lyra will advertise Rowe's Vision Board program in January for people to register. Lyra and Margaret will discuss a potential change in Social Café schedule.

Heath Holiday Craft Fair December 6: Final details were decided on food and help: set-up time at 9:00 a.m. A good and big sign needed for donations.

Volunteering: Kathy Stosz as a Geriatric Nurse Practitioner offered to develop a volunteer base for seniors living alone. Lyra and Kathy will meet with the town nurse, and an announcement to inform seniors will be made at the Holiday Meal December 3.

Website: Pat McGahan will revitalize the COA town website with suggestions from other website examples, delete the additional empty pages on the town list, and redo the opening section. Lyra will provide three pictures for use.

Community Safety Fair: Sheila Litchfield (Board of Health) is the only one so far among the various Boards who has agreed to serve on the planning committee. Kate or Lyra will be representing the library. Cathy, Kathy, and Donna volunteered to be the COA representatives.

***Action Plan, Domains 5-8:** on next meeting agenda.

Next meeting: Thursday, January 15, 2026 at 1:30 p.m.

M/S/P Margaret, Anne, unanimous: to adjourn the meeting at 3:19 p.m.

**Note: Asterisks identify items for future agenda.*