



MAPCHO Messaging for Residents (week ending Friday 5/29)

LOCAL BOARDS OF HEALTH ARE WORKING FOR YOU

Your Local Boards of Health continue to work with other local government bodies to maintain individual and community health and safety regarding COVID-19. Local Boards of Health are:

- Advising on the development of safety plans and identifying equipment needs for upcoming Town Meetings and elections;
- Working with the business community and public safety to educate and advise on the requirements for safely reopening businesses under the [Reopening Massachusetts](#) plan;
- Collaborating with elected officials and Departments of Public Works to ensure a safe reopening of municipal recreation sites such as parks and beaches;
- Strategizing with Health Agents and Public Health Nurses to ensure effective coordination of contact tracing with the [Community Tracing Collaborative](#).

Local Health Boards are working to ensure safety at all levels of community, and we appreciate the efforts and sacrifices you are making to do the same during this critical time. Thank you!

Read more about what you can do to protect your and your community's health at: <https://www.mass.gov/info-details/covid-19-updates-and-information#what-you-should-do>

YOU CAN HELP REOPEN MASSACHUSETTS

The Phased plan to [Reopen Massachusetts](#) is structured to slowly allow businesses, services, and activities to resume, while avoiding a resurgence of COVID-19 that could overwhelm our healthcare system and erase the progress we've made so far in keeping case numbers down. We are currently in Phase 1; on May 25th, a limited number of businesses became eligible to resume operations with safety standards in place (*to see visual summaries of where various businesses, health and human services, and recreation facilities fall within the phased approach, click [here](#)*).

Each phase will last a minimum of three weeks and could last longer before moving to the next phase. If public health data trends are negative, specific industries, regions, and/or the entire Commonwealth may need to return to an earlier phase. Think of these phases as a dial being adjusted, not a switch being turned on or off.

You play a role in limiting the spread of the virus in our region; the precautions you take now to limit the spread of the virus directly affect the ability to move forward to the next phase quickly.

REMEMBER:

To help our region move to the next phase, practice the necessary precautions now that limit your exposure to (and unknowingly passing on) the virus that causes COVID-19.

- Stay home except for essential activities;
- Maintain a minimum 6 foot distance from people whenever possible;
- Wear a face covering when in public spaces where distancing is not possible;
- If you must gather, the state requires it to be in groups of 10 or fewer; strive to do so outside